

ORKA Sport

Daily Supplement for sports people include
Vitamin, Mineral, Super Green Blend and Aminos



The ORKA Sport multivitamin is a perfect supplement for anyone with a healthy and active lifestyle, it gives better sports performance with the natural multivitamin which is rich in multi-minerals, amino acids and many more healthy nutrients.

- Supports the natural functions of the body.
- Gives more energy, stimulate your blood circulation, the immune system, the vision and the nervous system.
- It has taurine that support cognitive function.
- Supports heart health and maintains body metabolism.
- Contains Amino acid that recovers and builds muscle mass.
- Helps the trainee to perform better and melt body fat and experience sustained, elevated masculine energy.

Ingredient	15 ml Dose	DRI
Vitamin A (Retinyl Palmitate)	800 µg	100%
Vitamin C (L-Ascorbic acid)	500 mg	625%
Vitamin D3 (Cholecalciferol)	20 µg	400%
Vitamin E (DL-Alpha Tocopheryl Acetate)	12 mg	100%
Vitamin B1 (Thiamine HCL)	30 mg	2700%
Vitamin B2 (Riboflavin)	30 mg	2148%
Vitamin B3 (Niacinamide)	30 mg	187%
Vitamin B6 (Pyridoxine HCL)	20 mg	1428%
Vitamin B9 (Folic acid)	400 µg	200%
Vitamin B12 (Cyanocobalamin)	100 µg	4000%
Vitamin B7 (D-Biotin)	400 µg	800%
Vitamin B5 (D-Calcium Pantothenate)	30 mg	500%
Vitamin K (Menaquinone)	75 µg	100%
Calcium (As Gluconate)	45 mg	5.5%
Magnesium (As Gluconate)	13.4 mg	4%
Zinc (As Gluconate)	7 mg	70%
Selenium (Sodium Selenite)	55 µg	100%
Copper (As Gluconate)	1000 µg	100%
Manganese (As Gluconate)	2 mg	100%
Iron (Ferrous Gluconate)	3.5 mg	25%
Chromium Picolinate	200 µg	500%
Potassium (As Citrate)	107 mg	5.5%
Iodine (Sodium Iodide)	75 µg	50%
72 Trace Minerals (Ocean / Vegetarian)	25 mg	**
Choline L-Bitartrate	12.5 mg	**
Inositol	25 mg	**
Paba (4-Aminobenzoic acid)	6 mg	**
Lutein (Marigold)	10 mg	**
Zeaxanthin (Marigold)	2.5 mg	**
Amino acid Boost Blend:	1500 mg	**
1497 mg of aminos from collagen	1497 mg	
L-aurine	1 mg	
L-carnitine	1 mg	
L-glutamine	1 mg	
Super Green Blend	75 mg	**
Ginseng Panax C.A. Meyer	56 mg	
Alfalfa powder	1 mg	Root, Korean Panax **
Broccoli powder	1 mg	Grass, Medicago sativa L **
Lecithin powder	1 mg	Plant, Brassica oleracea **
Spirulina powder	1 mg	Sunflower Seed Helianthus **
Green tea powder	1 mg	Spirulina Platensis powder **
Grape seed powder	1 mg	Leaf Camellia sinensis **
Cranberry powder	1 mg	Fruit, Seed, Vitis vinifera **
Goji Berry Powder	1 mg	Fruit, Vaccinium Macrocarpon L **
Raspberry powder	1 mg	Fruit, Lycium barbarum **
Acerola Cherry powder	1 mg	Fruit, Rubus idaeus L **
Bilberry powder	1 mg	Fruit, Malpighia emarginata **
Acai powder	1 mg	Fruit, Vaccinium myrtillus **
Pomegranate powder	1 mg	Fruit, Euterpe oleracea **
Citrus Bioflavonoids powder	1 mg	Fruit, Punica granatum **
Red Beet powder	1 mg	Fruit, Peel, Citrus reticulata**
Lycopene powder	1 mg	Fruit, Beta vulgaris **
Coenzyme Q10	1 mg	Fruit, Solanum lycopersicum **
Ginkgo Biloba powder	1 mg	Q10 Ubiquinone**
Aloe vera powder	1 mg	Leaf, Ginkgo Biloba L **
		Stem, Leaf Aloe barbadensis M**

Dosage

15ML
in the morning
Once Daily

250ML
Orange Flavor



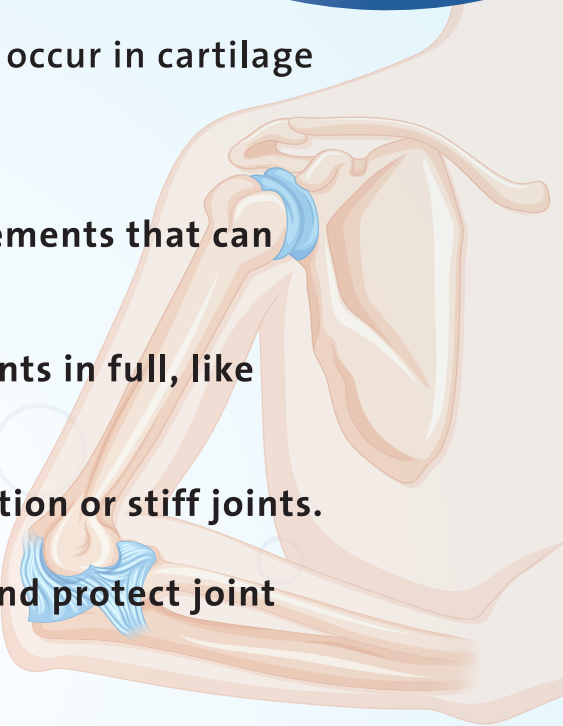
ORKA Joint

Joint care formula
Collagen, Glucosamine and Chondroitin



Pure multi-filtered water for best uptake of collagen vitamins and nutrients to provide healthy joint.
Joint Support contains body-specific substances that occur in cartilage around joints.

- It Maintain healthy joints with natural joint supplements that can reduce pain and stiffness
- One dose has daily requirements of all the ingredients in full, like collagen, glucosamine and chondroitin.
- Suitable for anyone with joint pain, joint inflammation or stiff joints.
- Increases joint flexibility, support joint structure and protect joint tissue for comfortable movement.
- Effective on recovery after intensive training!



Ingredient	15 ml Dose	DRI
Vit C Ascorbic acid	120 mg	150%
Vitamin B12 Cyanocobalamin	5 µg	200%
Vitamin D3 Cholecalciferol	15 µg	300%
Herbs Blend:	2 mg	**
Proprietary Joint Blend: Hydrolyzed	6000 mg	
Collagen	5000 mg	
Methylsulfonylmethane	250 mg	**
Glucosamine Sulfate	250 mg	
Chondroitin Sulfate	250 mg	
L-Carnitine	250 mg	

Dosage

15ML
in the evening
Once Daily

250ML
Berry Flavor



NordSense

Dietary Supplements

Nordsense products are manufactured in sweden and approved by the Swedish Health authorities.
We take great care in producing the finest, healthiest & safest dietary supplements available.



Distributed by



Kövlingevägen 1, 31250 Vallberga, Sweden
www.nordsense.se

ORKA W50+

Daily Supplement for 149 Active Ingredient
Vitamin, Mineral and BIO-Life Blend for Lady above 50 years



This multivitamin is expertly formulated for women ages 50 and up to support overall health needs, Taking a daily multivitamin with the correct ingredients can not only improve your day-to-day functioning, but can add years to your life.

- Includes a complete formulation of vitamins and minerals to support good health, also rich with Vitamin D, and Calcium.
- Maintains bone and dental health, maintain eyesight and healthy skin, and support the immune system
- Contributes to a healthy metabolism.
- Helps to improve healthy blood pressure, More energy endurance, a better brain function and overall better health of your body.
- Improves physical energy by converting food to fuel.

Ingredient	15 ml Dose	DRI
Vitamin A Retinyl Palmitate	800 µg	100%
Vitamin C L-Ascorbic acid	500 mg	625%
Vitamin D3 Cholecalciferol	15 µg	300%
Vitamin E (dl-alpha tocopheryl acetate)	12 mg	100%
Vitamin B1 Thiamine HCL	30 mg	2700%
Vitamin B2 Riboflavin	30 mg	2148%
Vitamin B3 Niacinamide	30 mg	187%
Vitamin B6 Pyridoxine HCL	20 mg	1428%
Vitamin B9 Folic acid	400 µg	200%
Vitamin B12 (Cyanocobalamin)	100 µg	2000%
Vitamin B7 Biotin (D-Biotin)	400 µg	800%
Vitamin B5 (D-Calcium Pantothenate)	30 mg	500%
Vitamin K Menaquinone	75 µg	100%
Calcium (As Gluconate)	45 mg	5.5%
Magnesium (As Gluconate)	13.4 mg	4%
Zinc (As Gluconate)	7 mg	70%
Selenium (Sodium Selenite)	55 µg	100%
Copper (As Gluconate)	1000 µg	100%
Manganese (As Gluconate)	2 mg	100%
Chromium Picolinate	200 µg	500%
Potassium (As Citrate)	107 mg	5.5%
Iodine (Potassium Iodide)	75 µg	50%
72 Trace Minerals (Ocean Vegetarian)	**	**
Choline L-Bitartrate	12.5 mg	**
Inositol Vitamin B8	25 mg	**
Paba (4-Aminobenzoic acid)	6 mg	**
MSM Methylsulfonylmethane	125 mg	**
Lutein (Marigold)	10 mg	**
Zeaxanthin (Marigold)	2.5 mg	**
Amino acid Boost Blend:	1500 mg	**
1497 mg of amino acids from collagen	1497 mg	**
L-taurine	1 mg	**
L-carnitine	1 mg	**
L-glutamine	1 mg	**
Super Green Blend	75 mg	**
Ginseng Panax C.A. Meyer	55 mg	**
Hyaluronic acid	1 mg	**
Alfalfa powder	1 mg	**
Broccoli powder	1 mg	**
Lecithin powder	1 mg	**
Spirulina powder	1 mg	**
Green tea powder	1 mg	**
Grape seed powder	1 mg	**
Cranberry powder	1 mg	**
Goji Berry Powder	1 mg	**
Raspberry powder	1 mg	**
Acerola Cherry powder	1 mg	**
Bilberry powder	1 mg	**
Acai powder	1 mg	**
Pomegranate powder	1 mg	**
Citrus Bioflavonoids powder	1 mg	**
Red Beet powder	1 mg	**
Lycopene powder	1 mg	**
Coenzyme Q10	1 mg	**
Ginkgo Biloba powder	1 mg	**
Aloe vera powder	1 mg	**
Caffeine anhydrous	40 mg	**

Dosage

15ML
in the morning
Once Daily

250ML
Orange Flavor



ORKA M50+

Daily Supplement for 149 Active Ingredient
Vitamin, Mineral and BIO-Life Blend for Lady above 50 years



Specially formulated for men who believe that age is just a number, it is a libido enhancer as much as it is an energy and health provider, loaded with vitamins and minerals that gives men more energy and endurance.

- Free of gluten, wheat, dairy, artificial flavors, and artificial sweeteners and rich with 7 antioxidants to support cell health.
- Helps to improve healthy blood pressure, immune health, eye health, and physical energy by helping convert food to fuel.
- Helps to support the brain function with vitamin B
- Formulated to support heart health.
- Helps to support the prostate and colon.
- Gives healthier muscles and bones and stimulates men's blood circulation.

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Vitamin A (Retinyl Palmitate)	800 µg	100%
Vitamin C (L-Ascorbic acid)	500 mg	625%
Vitamin D3 (Cholecalciferol)	15 µg	300%
Vitamin E (DL-Alpha Tocopheryl Acetate)	12 mg	100%
Vitamin B1 (Thiamine HCL)	30 mg	2700%
Vitamin B2 (Riboflavin)	30 mg	2148%
Vitamin B3 (Niacinamide)	30 mg	187%
Vitamin B6 (Pyridoxine HCL)	30 mg	2148%
Vitamin B9 (Folic acid)	400 µg	200%
Vitamin B12 (Cyanocobalamin)	100 µg	4000%
Vitamin B7 (D-Biotin)	400 µg	800%
Vitamin B5 (D-Calcium Pantothenate)	30 mg	500%
Vitamin K (Menaquinone)	75 µg	100%
Calcium (As Gluconate)	25 mg	3%
Magnesium (As Gluconate)	13.4 mg	4%
Zinc (As Gluconate)	7 mg	70%
Selenium (Sodium Selenite)	55 µg	100%
Copper (As Gluconate)	1000	100%
Manganese (As Gluconate)	2 mg	100%
Chromium Picolinate	200 µg	500%
Potassium (As Citrate)	107 mg	5.5%
Iodine (Potassium Iodide)	75 µg	50%
72 Trace Minerals (Ocean / Vegetarian)	25 mg	**
Choline L-Bitartrate	12.5 mg	**
Inositol	25 mg	**
Paba (4-Aminobenzoic acid)	6 mg	**
MSM (Methylsulfonylmethane)	125 mg	**
Lutein (Marigold)	10 mg	**
Zeaxanthin (Marigold)	2.5 mg	**
Amino acid Boost Blend:	1500 mg	**
1497 mg of amino acids from collagen	1497 mg	**
L-taurine	1 mg	**
L-carnitine	1 mg	**
L-glutamine	1 mg	**
Super Green Blend	75 mg	**
Ginseng Panax C.A. Meyer	55 mg	**
Hyaluronic acid	1 mg	**
Alfalfa powder	1 mg	**
Broccoli powder	1 mg	**
Lecithin powder	1 mg	**
Spirulina powder	1 mg	**
Green tea powder	1 mg	**
Grape seed powder	1 mg	**
Cranberry powder	1 mg	**
Goji Berry Powder	1 mg	**
Raspberry powder	1 mg	**
Acerola Cherry powder	1 mg	**
Bilberry powder	1 mg	**
Acai powder	1 mg	**
Pomegranate powder	1 mg	**
Citrus Bioflavonoids powder	1 mg	**
Red Beet powder	1 mg	**
Lycopene powder	1 mg	**
Coenzyme Q10	1 mg	**
Ginkgo Biloba powder	1 mg	**
Aloe vera powder	1 mg	**
Caffeine anhydrous	40 mg	**

Dosage

15ML
in the morning
Once Daily

250ML
Orange Flavor



ORKA Kids

Daily Supplement for Kids 5-12 years
include Vitamin, Mineral and Supper Green Blend



As children grow, it's important for them to get enough vitamins and minerals to ensure optimal health, so taking this multivitamin helps kids to grow up with a good resistance and a healthy body.

- Rich in vitamin and nutrients. It contains vitamins A, C, D and E, zinc and CoQ10.
- Contains 25 active ingredients that are essential for growth and development of a child.
- Promotes resistance, supports protein production , muscles and contributes to the development of the brain.
- Formulated to support: immune health, bone health, vision, memory and nervous system.
- Helps children to sleep better and gives a better appetite.
- 100% natural flavor and natural color.

Ingredient	Amount 15 ML	DRI	Amount 30 ML	DRI
Vitamin A Palmitate / Beta carotene	400 µg RE	50%	800 µg RE	100%
Vitamin C Ascorbic acid	90 mg	110%	180 mg	220%
Vitamin D3 Cholecalciferol	7.5 µg	150%	15 µg	300%
Vitamin E dl-alpha Tocopheryl acetate	5 mg TE	41%	10 mg TE	82%
Vitamin B1 Thiamine HCL	0.5 mg	50%	1 mg	100%
Vitamin B2 Riboflavin	0.7 mg	50%	1.4 mg	100%
Vitamin B3 Niacin	8 mg	50%	16 mg	100%
Vitamin B5 Pantothenic Acid	4 mg	66%	8 mg	132%
Vitamin B6 Pyridoxine HCL	0.7 mg	50%	1.4 mg	100%
Vitamin B7 Biotin	30 µg	60%	60 µg	120%
Vitamin B9 Folic acid	100 µg	50%	200 µg	100%
Vitamin B12 Cyanocobalamin	1 µg	40%	2 µg	80%
Calcium (as Gluconate)	3.6 mg	.5%	7.2 mg	1%
Magnesium (as Gluconate)	1.34 mg	<1%	2.68 mg	<1%
Zinc (as Gluconate)	3.3 mg	33%	6.6 mg	66%
Selenium (sodium selenite)	11.25 µg	25%	22.5 µg	50%
Manganese (as Gluconate)	0.5 mg	25%	1 mg	50%
Chromium (as picolinate)	10 µg	25%	20 µg	50%
Potassium (as Citrate)	8 mg	<1%	16 mg	<1%
Iodine (potassium iodide)	25 µg	16%	50 µg	32%
Choline L-Bitartrate	6.24 mg	**	12.48 mg	**
Inositol	5 mg	**	10 mg	**
PABA	2 mg	**	4 mg	**
Lutein Esters Complex	5 mg	**	10 mg	**
CoQ10	1 mg	**	2 mg	**
Citrus-bioflavonoids	1 mg	**	2 mg	**
Spirulina powder	2 mg	**	4 mg	**
Alfalfa powder	2 mg	**	4 mg	**
Broccoli powder	2 mg	**	4 mg	**

Dosage

15ML
in the morning
Once Daily

30ML
in the morning
Once Daily

250ML
Orange Flavor

