



Chocolate with Zinc and Selenium



Premium food supplement in form of chocolate enriched with a trace element Selenium with high bioavailability is ensured by its natural origin.

The composition per 2 bars (10gm):

Zinc gluconate 79mg equivalent to 11.28mg elemental zinc, Selenium yeast 50mg equivalent to 55µg, choline bitartrate 500mg, chocolate liquor 2.74mg, cow milk protein concentrate 70% powder 1mg, Maltodextrin powder 0.2mg, Soy lecithin powder 0.8mg, Vanilla (natural) 0.001mg and beta-carotene (natural) 0.006mg.

Benefits:

- Selenium of natural origin - organically bound to yeast, high bioavailability is verified by numerous researches
- Selenium contributes to normal spermatogenesis
- Selenium is an important tool for organism protection against oxidative stress, therefore it helps to protect the cells against harmful elements described as free radicals
- Selenium contributes to normal function of the thyroid gland
- Selenium positively influences the immune system components
- Choline is an essential nutrient for Improving memory and cognition and Protecting heart health.
- Zinc helps immune system and metabolism function. Zinc is also important to wound healing and sense of taste and smell.
- No preservatives, natural ingredients only

Ingredients Effect

• Selenium

Selenium is one of the trace elements that are essential for proper organism functioning. Selenium takes part in cell protection against free radicals, heavy metals detoxification, immune and reproduction systems regulation, it also ensures normal functioning of the thyroid gland. The effectivity of selenium absorption into the organism is highly dependent on its form this is the reason why we have chosen selenium organically bound to yeast, this form shows excellent absorbability.

• Chocolate liquor

Superfood rich source of antioxidants as well as vitamins, dietary fiber, enzymes, essential fatty acids and minerals.

• Cocoa butter

is purely natural fat in cocoa beans, it contains combination of saturated fatty acids and mono unsaturated fatty acids. Stearic Acid is unique saturated fat as it doesn't increase LDL level of cholesterol in blood. It is characterized by high stability due to natural antioxidants contained vitamin E and polyphenolic substances.

Recommended daily dose for adults and children:

From the age of 6 months to 3 years old, half a piece per day
From 4 years old to 8 years old, one piece per day
From the age of 9 years to the age of 13 years one and a half daily
From the age of 14 years to the age of 50 years, males take two pieces per day
From the age of 14 years to the age of 50 years for females one and a half daily

Nutrition Facts

Serving size: 2 bar 10 gm

Servings per container: 10

Amount per serving

Calories **41 kcal**

Calories from fat: 29 Kcal

	Daily value %
Total Fat 3.23 g	4%
Saturated fat 1.2 g	6%
Cholesterol 2.4 mg	<1%
Sodium 9.8mg	<1%
Total Carbohydrates 2g	<1%
Dietary Fiber 0.1 g	<1%
sugars 1.06	2%
Protein 0.7 g	1%
Zinc 11.2 mg	100%
Selenium 55µg	100%
Choline 500 mg	91%
Calcium 6 mg *	<1%

% Daily value is based on 2000 calories diet, Your daily value may be higher or lower depending on your calories needs.

*sugar content is due to natural components of the product.

N.B.: DV for adult per 2 bars

- Daily values based on The FDA issued a final rule on changes to the facts panel on May 27, 2016
https://fda.gov/food/food-labeling-nutrition/changes-nutrition-facts-label?utm_source=msn

<https://www.fda.gov/media/135301/download>

<https://www.fda.gov/media/99069/download>